

Mideo Prep Checklist

46 THINGS YOU
MUST DO BEFORE
YOU PRESS
"RECORD"

So you're ready to shoot a video? Congrats! It takes a lot of prep work to get to this point. Use this simple checklist to keep you on track and organized when planning for your big day!

Two Months Before

□ Determine your shoot date
Research videographers
Ask for a recent reel or website
☐ Schedule a call with them
Ask if they have their own gear
Check availability for your shoot date
■ Research editors
Ask for a recent reel or website
☐ Schedule a call with them
Discuss turnaround time for your final video
Lock in the shoot date with a videographer that vibes with you!

One Month Before						
☐ Outline your video vision						
☐ Write out your script						
☐ Create a storyboard						
■ Book the location (put deposit on location)						
☐ Confirm the shoot date with your videographer						
☐ Book a makeup artist						
☐ Book an awesome production assistant						
Two Weeks Before						
☐ Create a prop list						
☐ Rent/buy props						
☐ Practice reading your script(s) out loud. Rehearse the content so						
you are familiar with it, but don't over rehearse.						
Double confirm shoot date with your videographer						

☐ Rent equipment (if videographer does not come with gear)					
☐ Create a call sheet (this is a schedule you send to the entire crew					
before the shoot). It should include:					
□ Date					
□ Location					
☐ Call time					
■ Names and phone numbers of all crew members					
☐ Basic itinerary					
□ Wrap time					
☐ Plan food (meal break, snacks, waters on hand)					
☐ Get a fresh haircut/dye (stick with what has worked in the past;					
this is not the time to try something new)					
☐ Plan your outfit(s)					
Review your script(s)					

One Week Before

Day Before						
☐ Prep equipment (if needed)						
☐ Test video gear						
☐ Clear SD cards						
☐ Clean camera lens						
Leave batteries to charge overnight						
☐ Pack equipment bags						
☐ Make travel plans						
☐ Steam/iron clothes						
☐ Get a good night's sleep						
Morning Of						
☐ Drink tea or water with lemon. Avoid milk!						
□ Do some gentle exercises or stretches						
☐ Have a healthy breakfast						
☐ Warm up your voice with vocal warm ups						
☐ Dress comfortably to your shoot. Wear a shirt with a large neck						
that is easy to slip off without messing up your makeup.						
☐ Remember to enjoy the experience. It's going to be fun!						



The Next Day

П	Deliver	footage	to v	vour	editor
		loctage		,	Cartor

- ☐ Thank your crew
- □ Relax and treat yourself to a massage for a job well done

Paige Media is a video content agency that helps entrepreneurs share their stories through video. We offer everything from video strategy consulting to video production and editing services to help YOU make more + better video content. Let your voice be heard! Visit www.paigemedia.com to learn more about our team and check out some of our awesome projects.